

**APF BENCH PRESS RECORDS
WOMEN'S**

OPEN

97
 105 210 L Barlow 2000
 114
 123 126 E Guay 98
 132 181 P Gelinas 98
 148 187 L Burgess 2004
 165 192 K Scott 2004
 181 148 S Ross 2004
 198
 SHW

18/19

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 SHW

14/15

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 SHW

20/23

97
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 123 132 E Guay 99
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 148
 165 192 K Scott 2004
 181 137 K Litwinski 2003
 198
 SHW

16/17

97
 105
 114
 123 121 C Malia 98
 132
 148
 165
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 198
 SHW

40/44

97
 105 210 L Barlow 2000
 114
 123
 132 187 P Gelinas 99
 148 132 K Jurgelvich 98
 165 132 B White 2000
 181 148 S Ross 2004
 198
 SHW

**APF BENCH PRESS RECORDS
WOMEN'S**

45/49

97
105
114
123
132 99 E Lonsdale 98
148 187 L Burgess 2004
165
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SHW

60/64

97
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181
198
SHW

50/54

97
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114
123
132 66 P Harper 93
148 66 P Harper 93
165 126 M White 93
181
198
SHW

65/69

97
105
114
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198
SHW

55/59

97
105
114
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198 94 C Hinch 93
SHW

70/74

97
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SHW