

2019 APF Maine State Championships

DYNAMAXX Westbrook, ME May 11, 2019

ID	First	Last	City, State	Category	Division	Age	BW Lbs	SQUAT In Kg	BENCH In Kg	DEAD In Kg	Product Number	TOTAL Kg	TOTAL Lbs
77	Aliyah	Gregory	Minot, ME	Womens Raw	Womens Raw Junior	23	305	102.5	65.0	145.0	205	312.5	689
21	Penny	Parker	Belfast, ME	Womens Raw	Womens Raw Masters 40-49	47	188	132.5	80.0	170.0	319	382.5	843
80	Shannan	Reid	Auburn, ME	Womens Raw	Womens Raw Masters 40-49	47	167	150.0	60.0	137.5	312	347.5	766
76	Janice	Barrett	Auburn, ME	Womens Raw	Womens Raw Masters 40-49	45	116	85.0	52.5	105.0	280	242.5	535
23	Jojo	Petkys	Auburn, ME	Womens Raw	Womens Raw Masters 50+	60	154	75.0	42.5	120.0	279	237.5	524
34	Jean	Wormwood	Steep Falls, ME	Womens Raw	Womens Raw Masters 50+	54	255	115.0	72.5	112.5	247	300.0	661
31	Terri	Stinson	Portland, ME	Womens Raw	Womens Raw Masters 50+	50	144	60.0	45.0	82.5	196	187.5	413
30	Brenda	Sexton	Biddeford, ME	Womens Raw	Womens Raw Masters 50+	55	164	0.0	0.0	0.0	0	0.0	0
9	Caitlin	Gusk	Searsport, ME	Womens Raw	Womens Raw Open	25	131	107.5	60.0	135.0	301	302.5	667
26	Shannan	Reid	Auburn, ME	Womens Raw	Womens Raw Open	47	167	150.0	60.0	137.5	289	347.5	766
1	Janice	Barrett	Auburn, ME	Womens Raw	Womens Raw Open	45	116	85.0	52.5	105.0	265	242.5	535
19	Amanda	Morais	Old Orchard Beach, ME	Womens Raw	Womens Raw Open	26	231	140.0	55.0	150.0	243	345.0	761
17	Kaleigh	Leighton	Cumberland, ME	Womens Raw	Womens Raw Open	30	132	77.5	47.5	102.5	225	227.5	502
8	Aliyah	Gregory	Minot, ME	Womens Raw	Womens Raw Open	23	305	102.5	65.0	145.0	205	312.5	689
20	Breanna	Nemet	Standish, ME	Womens Raw	Womens Raw Open	25	166	67.5	47.5	97.5	177	212.5	468
15	Brianna	Karboski	Williamstown, NY	Womens Raw	Womens Raw Teen	19	145	105.0	65.0	105.0	253	275.0	606
36	Hermione	Zhou	Lewiston, ME	Womens Raw	Womens Raw Teen	19	127	75.0	55.0	95.0	230	225.0	496
25	Brandon	Pratt	Portland, ME	Mens Raw	Mens Raw 149-165	26	161	170.0	102.5	182.5	320	455.0	1,003
3	Paul	Chapman	Lewiston, ME	Mens Raw	Mens Raw 149-165	20	164	102.5	87.5	142.5	231	332.5	733
29	Jared	Schnell	Media, PA	Mens Raw	Mens Raw 166-181	20	180	235.0	127.5	232.5	386	595.0	1,312
18	Phillip	Long	Lowell, MA	Mens Raw	Mens Raw 166-181	48	179	207.5	0.0	240.0	0	0.0	0
28	Matthew	Russell	Palmyra, ME	Mens Raw	Mens Raw 199-220	25	219	282.5	182.5	320.0	458	785.0	1,731
7	Chad	Faria	New Bedford, MA	Mens Raw	Mens Raw 199-220	24	219	260.0	165.0	250.0	394	675.0	1,488
2	Nick	Breen	Framingham, MA	Mens Raw	Mens Raw 221-242	28	242	255.0	170.0	265.0	388	690.0	1,521
27	Nate	Roy	Westbrook, ME	Mens Raw	Mens Raw 243-275	26	259	205.0	142.5	255.0	334	602.5	1,328
11	Theo	Harris	Buxton, ME	Mens Raw	Mens Raw 243-275	24	274	195.0	125.0	260.0	317	580.0	1,279
12	Benjamin	Helstrom	South Portland, ME	Mens Raw	Mens Raw 276-308	32	282	155.0	97.5	180.0	235	432.5	953
79	Jared	Schnell	Media, PA	Mens Raw	Mens Raw Junior	20	180	235.0	127.5	232.5	386	595.0	1,312
4	Gavin	Chen	Carson City, NV	Mens Raw	Mens Raw Junior	22	146	200.0	102.5	142.5	338	445.0	981
78	Phillip	Long	Lowell, MA	Mens Raw	Mens Raw Masters 40-49	48	179	207.5	0.0	240.0	0	0.0	0
6	Rob	Cryan	Oviedo, FL	Mens Raw	Mens Raw Masters 50+	53	196	192.5	125.0	192.5	372	510.0	1,124
35	Jeffrey	Zambello	Saint John, New Brunswick	Mens Raw	Mens Raw Masters 50+	54	100	0.0	0.0	0.0	0	0.0	0
5	Theodore	Coblentz	Finger, TN	Mens Raw	Mens Raw Teen	19	155	172.5	102.5	190.0	336	465.0	1,025
16	William	Leach	West Gardiner, ME	Mens Raw	Mens Raw Teen	14	121	65.0	47.5	100.0	194	212.5	468
24	Michael	Pindell	Portland, ME	Mens Geared	Mens Geared Masters 40+	47	204	182.5	155.0	187.5	342	525.0	1,157
10	Mike	Hamm	Lisbon, ME	Mens Geared	Mens Geared Open	26	216	322.5	182.5	295.0	469	800.0	1,764
13	Rob	Jimino	Portland, ME	Mens Geared	Mens Geared Open	34	259	292.5	250.0	247.5	437	790.0	1,742
14	Gabe	Johnson	portland, ME	Mens Geared	Mens Geared Open	24	220	305.0	205.0	215.0	422	725.0	1,598
22	Edward	Pennoyer	Yarmouth, ME	Mens Geared	Mens Geared Open	23	265	227.5	137.5	227.5	326	592.5	1,306
33	Ryan	Whelan	Westbrook, ME	Mens Bench Only Raw	Mens Bench Only Raw Open	27	204	0.0	152.5	0.0	92	152.5	336
32	Frank Jr.	Ventriglia	North Attleboro, ME	Mens Bench Only Geared	Mens Bench Only Geared Masters 40+	44	216	0.0	102.5	0.0	63	102.5	226

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BEST LIFTER - MENS RAW	PN	kg
Matthew Russell	458	785

BEST LIFTER MENS RAW MASTERS	PN	kg
Rob Cryan	372	510

BEST LIFTER MENS GEARED	PN	kg
Mike Hamm	469	800

BEST LIFTER - WOMENS RAW	PN	kg
Caitlin Gusk	301	303

BEST LIFTER WOMENS RAW MASTERS	PN	kg
Penny Parker	319	383

BEST LIFTER WOMENS GEARED	PN	kg
-	-	-

Womens Raw Teen		PN	kg
1st	Brianna Karboski	253	275
2nd	Hermione Zhou	230	225
3rd	-	-	-

Womens Raw Junior		PN	kg
1st	Aliyah Gregory	205	313
2nd	-	-	-
3rd	-	-	-

Womens Raw Masters 40-49		PN	kg
1st	Penny Parker	319	383
2nd	Shannan Reid	312	348
3rd	Janice Barrett	280	243

Womens Raw Masters 50+		PN	kg
1st	Jojo Petkys	279	238
2nd	Jean Wormwood	247	300
3rd	Terri Stinson	196	188

Womens Raw Open		PN	kg
1st	Caitlin Gusk	301	303
2nd	Shannan Reid	289	348
3rd	Janice Barrett	265	243

Mens Bench Only Geared Masters 40+		PN	kg
1st	Frank Jr. Ventriglia	63	103
2nd	-	-	-
3rd	-	-	-

Mens Bench Only Raw Open		PN	kg
1st	Ryan Whelan	92	153
2nd	-	-	-
3rd	-	-	-

Mens Geared Masters 40+		PN	kg
1st	Michael Pindell	342	525
2nd	-	-	-
3rd	-	-	-

Mens Geared Open		PN	kg
1st	Mike Hamm	469	800
2nd	Rob Jimino	437	790
3rd	Gabe Johnson	422	725

Mens Raw Teen		PN	kg
1st	Theodore Coblentz	336	465
2nd	William Leach	194	213
3rd	-	-	-

Mens Raw Junior		PN	kg
1st	Jared Schnell	386	595
2nd	Gavin Chen	338	445
3rd	-	-	-

Mens Raw Masters 40-49		PN	kg
1st	-	-	-
2nd	-	-	-
3rd	-	-	-

Mens Raw Masters 50+		PN	kg
1st	Rob Cryan	372	510
2nd	-	-	-
3rd	-	-	-

Mens Raw 149-165		PN	kg
1st	Brandon Pratt	320	455
2nd	Paul Chapman	231	333
3rd	-	-	-

Mens Raw 166-181		PN	kg
1st	Jared Schnell	386	595
2nd	-	-	-
3rd	-	-	-

Mens Raw 199-220		PN	kg
1st	Matthew Russell	458	785
2nd	Chad Faria	394	675
3rd	-	-	-

Mens Raw 221-242		PN	kg
1st	Nick Breen	388	690
2nd	-	-	-
3rd	-	-	-

Mens Raw 243-275		PN	kg
1st	Nate Roy	334	603
2nd	Theo Harris	317	580
3rd	-	-	-

Mens Raw 276-308		PN	kg
1st	Benjamin Helstrom	235	433
2nd	-	-	-
3rd	-	-	-

-		PN	kg
1st	-	-	-
2nd	-	-	-
3rd	-	-	-

-		PN	kg
1st	-	-	-
2nd	-	-	-
3rd	-	-	-